

# **Guidelines for the Henro Experience**

## **1. Purpose**

This event aims to give foreign residents of Kagawa the chance to walk a section of the Shikoku Henro and deepen their understanding of both the pilgrimage route and local Kagawa culture. We also want participants to communicate their impressions and thoughts to both domestic and international audiences through social networking to advance the bid for the Shikoku Henro to be registered as a UNESCO World Heritage Site.

## **2. Organizer**

Kagawa Prefectural Government

## **3. Cooperation**

NPO Network for Shikoku Henro Pilgrimage and Hospitality

## **4. Time and Date**

**February 23<sup>rd</sup> 2026 (Monday) 9:00 a.m. ~ 3:30 p.m.**

(In the case of bad weather, the event will be cancelled. If the event is cancelled, participants will be notified via e-mail by 6:00 a.m. on the day of the event.)

## **5. Intended Participants and Number of Participants**

This trip is intended for foreign residents in Kagawa. The maximum number of participants is **20**.

## **6. Participation Fee**

**Free**

(Participants must pay for their own transportation to/from the meeting point.)

## **7. Conditions for Participation**

- a) The route will be almost 14.6 km (9 miles) of walking in total. We ask that all participants be fit and healthy enough to complete the entire course on foot.  
Please wear clothes and shoes that are easy to walk in.
- b) Participants must comply with the following:
  - I. Any videos or photos we take on the Henro Experience may be used in the promotion of this project on our website or in other media.
  - II. Please use SNS to spread the word about your experience on the tour.

## **8. Meeting Point**

Please meet at JR Zentsuji Station at 8:00 a.m.

\*Staff will be waiting to guide you at JR Zentsuji Station.

## **9. What to bring**

Your **lunch/bento**, plenty of water, towel, other necessary items.

## **10. Application**

Please apply through QR Code below or email by **Friday, January 23, 2026**.

By QR Code



By e-mail    [kokusai@pref.kagawa.lg.jp](mailto:kokusai@pref.kagawa.lg.jp) (Please type **"Henro"** in the subject line of your email.)

## 11. Itinerary

Depart from JR Takamatsu Station 07:08 (Marine Liner) → JR Sakaide Station 07:26 → Arrive at JR Zentsuji Station 07:51

Depart from JR Kan-onji Station 06:56 → Arrive at JR Zentsuji Station 07:51

*Note: Train timetables are subject to change so please verify the provided information above.*

\* Staff will be waiting to guide you at JR Zentsuji Station.

8:00     **【Meet at JR Zentsuji Station】**

-Take attendance

-Move to Zentsuji Temple (20 min. walk)

8:30     **【Arrive at Zentsuji Temple (Temple #75)】**

-Change into Henro pilgrimage attire (walking stick, hat, and white top)

-Greetings, Important Information, Commemorative picture

9:00     Opening Ceremony

9:30     **【Depart from Zentsuji Temple】** <To Konzoji Temple: 3.6 km, 50 min. walk>

10:20    **【Arrive at Konzoji Temple (Temple #76)】**

- Visit the temple

10:50    **【Depart from Konzoji Temple】** <To Doryuji Temple: 3.9km, 60 min. walk>

11:50    **【Arrive at Doryuji Temple (Temple #77)】**

-Visit the temple

-Lunch

13:00    **【Depart from Doryuji Temple】** <To Gosyoji Temple: 7.2 km, 100 min. walk>

14:40    **【Arrive at Gosyoji Temple (Temple #78)】**

-Visit the temple

-Closing remarks by the tour organizers

15:20    **【Depart from Gosyoji Temple】** <To JR Utazu Station: 20 min. walk>

To Takamatsu   15:40 / 16:11 / 16:22

To Zentsuji    16:05 / 16:39 / 16:56